

THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2013 Sporting Excellence in Karate National Level

# **Emma Waudby**

This is to certify that Emma Waudby has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Emma competed at the highest level of British Karate in 2013 winning the medals and titles listed below:-

#### Championship Success - 6 Gold 4 Silver 11 Bronze

**English National Kyu Grade Championships** - 20<sup>th</sup> January, Sheffield Gold - Team Kata Bronze - Individual Kata

#### Shindo Kai Junior Championships - 17<sup>th</sup> March, Barnsley

Gold - Individual Kata Gold - Team Kumite Bronze - Individual Kumite

### English National Championships - 20<sup>th</sup> & 21<sup>st</sup> April, Sheffield

Bronze - Team Kumite

#### Northern Open Classic Championships - 26<sup>th</sup> May, Leigh

Gold - Individual Kata Gold - Pairs Kata Bronze - Team Kata





The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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**British Karate Association Championships** - 23<sup>rd</sup> June, Leigh Gold - Team Kata Silver - Pairs Kata

## Shindo Kai Kata Championships - 14<sup>th</sup> July, Barnsley

Silver - Individual Kumite Bronze - Individual Kata Bronze - Pairs Kata

### South Yorkshire Championships - 4<sup>th</sup> August, Barnsley

Silver - Team Kumite Silver - Team Kata Bronze - Pairs Kata

## Hull and East Yorkshire Championships - 29th September, Hull

Bronze - Individual Kata

### Shindo Kai National Championships - 17<sup>th</sup> November, Barnsley

Bronze - Individual Kumite Bronze - Individual Kata Bronze - Pairs Kata





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Congratulations on your outstanding sporting achievements throughout 2013. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Emma.

Sensei Wayne Clarke 3<sup>rd</sup> Dan Head Coach - The Hull & East Riding Karate Academy



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